

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Independent Living Calendar			TRANSPORTATION SCHEDULE Monday-Friday 8:45a.m.-5p.m. Doctor Visits/Grocery Stores/Banks ACTIVITIES ARE SUBJECT TO CHANGE.	1 10:00 Balance & Core with Stephanie 10:00 Tech Time 10:30 Craft Project 1:30 Bridge 1:30 Canasta 1:30 Canasta 2:00 Jeopardy 3:30 Crossword Puzzle 6:30 Bridge 6:45 UMW Concert Band Fall Concert	2 8:30 CV Walking Club 10:00 FOX Exercise Class 11:00 Men's Roundtable 1:30 Bridge 1:30 Mexican Train Dominoes 1:30 Praying the Rosary 2:00 Resident Social 6:30 Sequence Game 7:00 Poker Game	3 10:00 Chair Exercise: Stretch 10:00 Chair Kickboxing Exercise 10:30 Donuts & Did You Know with Comfort Keepers 2:00 Hymn Sing-along w/Michael Martin 2:00 Rummikub 6:30 Evening Movie
4 11:00 Church Service 2:00 Bingo 2:00 Bridge 2:00 History Documentary 3:00 Billiards 3:30 Family Game Night! 6:30 Evening Movie	5 8:30 CV Walking Club 10:00 Chair Yoga 10:00 Chair Yoga with Stephanie 10:30 World Teachers Day Project 11:00 Bible Study 1:00 Catholic Communion Service 1:30 Canasta 2:00 Bryan Langerud Performs 3:00 Trivia 6:30 Bridge	6 Oktoberfest Day! 9:00 Lane Custom Hearing Center 10:30 Famous German Americans - Who Am I? 11:00 Fitness Center with Stephanie 11:00 Sew & Sews 1:00 Episcopal Communion Service 1:00 Yoga Class with Stephanie 2:00 Bingo 3:00 Oktoberfest Celebration 6:30 Evening Movie "The Student Prince" 6:30 Mahjong 6:30 Sequence Game	7 8:30 CV Walking Club 10:00 Chair Dance 10:00 Library Lobby Stop 10:30 Fun & Games with High School Students 1:00 Strength with Stephanie 2:00 Movie Matinee 2:00 Spintopia Game 3:00 Scrabble Club 6:00 Sing-along 7:00 Poker Game	8 10:00 Balance & Core with Stephanie 10:00 Tech Time 10:30 Craft Project 1:30 Bridge 1:30 Canasta 1:30 Canasta 2:00 Brain Games w/FOX Rehab 3:30 Crossword Puzzle 6:30 Bridge 7:00 Ronnie Williams & the Carter Family Sound Performs	9 8:30 CV Walking Club 10:00 Flu Shot Clinic 10:00 FOX Exercise Class 10:30 Writing Workshop 11:00 Men's Roundtable 1:30 Bridge 1:30 Mexican Train Dominoes 1:30 Praying the Rosary 2:00 Callback Barbershop Quartet Performs 6:30 Sequence Game 7:00 Poker Game	10 10:00 Chair Exercise: Stretch 10:00 Chair Kickboxing Exercise 10:30 Donuts & Did You Know with Comfort Keepers 2:00 Movie Matinee & Popcorn 2:00 Rummikub
11 11:00 Church Service & Communion 2:00 Bingo 2:00 Bridge 2:00 History Documentary 3:00 Billiards 6:30 Evening Movie	12 Columbus Day 8:30 CV Walking Club 10:00 Chair Yoga 10:00 Chair Yoga with Stephanie 10:00 Christopher Columbus Trivia 11:00 Bible Study 1:30 Canasta 2:00 Michael Martin Performs 3:00 Trivia 6:30 Bridge	13 10:00 Executive Resident Council Board Meeting 10:30 Armchair Travel: Czech Republic 11:00 Fitness Center with Stephanie 11:00 Sew & Sews 1:00 Episcopal Communion Service 1:00 Yoga Class with Stephanie 2:00 Bingo 3:30 Trivia Challenge 6:30 Evening Movie 6:30 Mahjong 6:30 Sequence Game	14 8:30 CV Walking Club 10:00 Chair Dance 10:30 The History of Scouting 1:00 Strength with Stephanie 2:00 Movie Matinee 2:00 Resident Bake, Etc. Sale 3:00 Scrabble Club 6:00 Sing-along 7:00 Poker Game	15 10:00 Balance & Core with Stephanie 10:00 Tech Time 10:30 Craft Project 11:00 Protestant Communion 1:30 Bridge 1:30 Canasta 1:30 Canasta 2:00 Phil McKenney Art & Music Show 3:30 Crossword Puzzle 6:30 Bridge	16 8:30 CV Walking Club 10:00 Food Committee Meeting 10:00 FOX Exercise Class 11:00 Lutheran Service of the Sacrament 11:00 Men's Roundtable 1:30 Bridge 1:30 Mexican Train Dominoes 1:30 Praying the Rosary 3:30 Resident Social 6:30 Sequence Game 7:00 Poker Game	17 10:00 Chair Exercise: Stretch 10:00 Chair Kickboxing Exercise 10:30 Donuts & Did You Know with Comfort Keepers 2:00 Movie Matinee & Popcorn 2:00 Rummikub
18 11:00 Church Service 2:00 Bingo 2:00 Bridge 2:00 History Documentary 3:00 Billiards 6:30 Evening Movie	19 8:30 CV Walking Club 10:00 Chair Yoga 10:00 Chair Yoga with Stephanie 10:30 Name That Country Artist 11:00 Bible Study 1:30 Canasta 2:00 Barn Quilt Show 3:00 Trivia 6:30 Bridge	20 9:00 Elevate Hearing Center 10:00 Resident Council Meeting 11:00 Fitness Center with Stephanie 11:00 Sew & Sews 1:00 Episcopal Communion Service 1:00 Yoga Class with Stephanie 2:00 Bingo 3:30 Trivia Challenge 6:30 Evening Movie 6:30 Mahjong 6:30 Sequence Game	21 Pumpkin Day 8:30 CV Walking Club 10:00 Library Lobby Stop 10:30 History of the Jack-o'-Lantern 1:00 Strength with Stephanie 2:00 Movie Matinee 2:00 Pumpkin Painting Project w/Krista 3:00 Pumpkin Spice Soirée 3:00 Scrabble Club 6:00 Sing-along 7:00 Acoustic Coffee House w/Mitch Laine & Jen Turlington 7:00 Poker Game	22 10:00 Balance & Core with Stephanie 10:00 Tech Time 10:30 Craft Project 11:00 Ladies' Lunch Out 1:30 Bridge 1:30 Canasta 1:30 Canasta 2:00 Historic Germanna Lecture: The Governor, the Germans, and Germanna 3:30 Crossword Puzzle 6:30 Bridge	23 8:30 CV Walking Club 10:00 FOX Exercise Class 10:30 Writing Workshop 11:30 Men's Lunch Out 1:30 Bridge 1:30 Mexican Train Dominoes 1:30 Praying the Rosary 2:00 Pianist Hunter O'Neill Performs 6:30 Sequence Game 7:00 Poker Game	24 10:00 Chair Exercise: Stretch 10:00 Chair Kickboxing Exercise 10:30 Donuts & Did You Know with Comfort Keepers 2:00 Rummikub 6:30 Evening Movie
25 11:00 Church Service 2:00 Bingo 2:00 Bridge 2:00 History Documentary 3:00 Billiards 6:30 Stacy Nunamaker Halloween Recital	26 8:30 CV Walking Club 10:00 Chair Yoga 10:00 Chair Yoga with Stephanie 10:30 Armchair Travel: Austria 11:00 Bible Study 1:30 Canasta 2:00 October Birthday Celebration 3:00 Trivia 6:30 Bridge	27 10:00 Ambassadors' Meeting 10:30 Around the World in Musicals 11:00 Fitness Center with Stephanie 11:00 Sew & Sews 1:00 Episcopal Communion Service 1:00 Yoga Class with Stephanie 2:00 Bingo 3:30 Trivia Challenge 6:00 Fredericksburg Hauntings Tour 6:30 Mahjong 6:30 MAPS Dementia Support Group 6:30 Sequence Game	28 8:30 CV Walking Club 10:00 Chair Dance 10:30 Would You Rather? A Halloween Game 12:00 Parkinson's Support Group Meeting w/FOX Rehab 1:00 Strength with Stephanie 1:30 Spooktacular Health Fair 2:00 Movie Matinee 3:00 Scrabble Club 6:00 Sing-along 7:00 Poker Game	29 10:00 Balance & Core with Stephanie 10:00 Tech Time 10:30 Craft Project 1:30 Bridge 1:30 Canasta 1:30 Canasta 2:00 Michael Milstead Performs 3:30 Crossword Puzzle 6:30 Bridge	30 8:30 CV Walking Club 10:00 FOX Exercise Class 1:30 Bridge 1:30 Mexican Train Dominoes 1:30 Praying the Rosary 2:00 Halloween Celebration 6:30 Sequence Game 7:00 Poker Game	31 10:00 Chair Exercise: Stretch 10:00 Chair Kickboxing Exercise 10:30 Donuts & Did You Know with Comfort Keepers 2:00 Gospel Music w/Gordon & Barbara McDonald 2:00 Rummikub 6:30 Evening Movie

Resident Spotlight



Pat Cover was born and raised in New Jersey. After high school, she attended St. Luke's Hospital Training School for Nurses in New York City. Her "first" love was being a nurse in the operating room until she met and fell in love with her husband, Brant, whom she was introduced to by one of her brothers. They had a whirlwind romance and got married on June 13th! Brant was a chemist and they moved up and down the East Coast living and working in various cities. Together they had 3 children—2 daughters and a son. Pat stayed home raising their children until the last one graduated until retirement. Brant and Pat decided to move from the New England area to be closer to their 2 daughters here in Virginia. In retirement, Brant and Pat enjoyed traveling Europe, the Caribbean and the Canadian Rockies.

Employee Spotlight



Denise Thomas has been a part-time Concierge here at Chancellor's Village since January of this year. She retired from a career in Accounts Receivable at a variety of companies but spent the last 18 years at Quarles Petroleum.

Denise was born at Quantico and raised in Fredericksburg. She has been married to her husband, Alan, for 29 years. They are a blended family with 2 daughters and 1 son. Denise and Alan have been raising their 16-year-old grandson from a very young age. In addition to him, they have 4 additional grandchildren and 2 greats. When Denise is not working, she is busy supporting her grandson's activities from band performances to lacrosse games. He keeps her very busy and when she does have downtime, she likes to sleep!



Chancellor's Village

INDEPENDENT LIVING AND ASSISTED LIVING

12100 Chancellors Village Lane • Fredericksburg, VA 22407 • 540-786-5000

A Word From Your Executive Director

October is one of my favorite times of year in Virginia. The cooler mornings, changing leaves, and fall traditions remind us to slow down and enjoy the simple things—and there is always plenty to enjoy here at Chancellor's Village! This month, I encourage everyone to take advantage of the activities, celebrations, and opportunities to spend time together. Whether it's sharing a meal, joining a program, enjoying the beautiful fall weather, or simply visiting with a neighbor, those connections are what make our community feel like home. As the temperatures begin to drop, please remember to dress in layers when heading outdoors and be especially careful around wet leaves and uneven walkways. And, of course, we can't let October pass without a little Halloween fun! I look forward to seeing the costumes, decorations, treats, and probably a few tricks along the way. Thank you to our residents, families, and incredible team members for making Chancellor's Village such a special place to live and work. Wishing everyone a safe, healthy, and spooktacular October!

Upcoming Trips

- UMW Concert Band Fall Concert
Thursday, October 1st, 6:45pm Free
 - Fredericksburg Hauntings Tour
Tuesday, October 27th, 6:00pm \$10/person
 - National Museum of the U.S. Army Tour
Thursday, November 5th, 9:30am
\$16.50/person
- Sign up for these trips and others in the Craft Room on the bulletin board. Space is limited so sign up early!

October 2026



Halloween Themed Celebrations

The staff will be participating in their Pumpkin Decorating/Carving Contest where you get to be the judge again. Each department will enter a pumpkin into the contest, which will be on display in the Lobby the week leading up to Halloween. Make sure you vote!

Dig out your Halloween Costume so you can participate in our annual costume contest at our Halloween Celebration on Friday, October 30th at 2 p.m. in the Chancellor Room. The top 3 resident costumes and top 3 staff costumes will win a prize!

October Birthdays

Hannelore Jones	10/04
Joyce Ignatz	10/05
Marcia Hovenden	10/06
Susie Jelle	10/07
Sara Barr	10/09
Norman Marous	10/17
Jean Rowzee	10/17
Patricia Cover	10/24
Caroyln Eissler	10/26
Connie Buchanan	10/27
Nell Meador	10/29
Sandra Allegra	10/30

